

<b>ZIA SCHOOL DAY</b>				
<b>Starting Time</b>	<b>End Time</b>	<b>Duration</b>	<b>Activity</b>	<b>Hifz Students</b>
5:00 AM			Wake up	
5:00 AM	5:30 AM	30	Getting ready for Salah	
5:30 AM	5:45 AM	15	Fajr Salah (5:30 AM)	
5:45 AM	6:45 AM	60	Getting ready for School/Shower	Hifz Time (Optional)
6:45 AM	7:15 AM	30	Breakfast	
7:15 AM	7:30 AM	15	Morning Assembly/Focussed Tutoring	
7:30 AM	8:10 AM	40	School Lesson 1	
8:10 AM	8:50 AM	40	School Lesson 2	
8:50 AM	9:30 AM	40	School Lesson 3	
9:30 AM	10:10 AM	40	School Lesson 4	
10:10 AM	10:30 AM	20	Refreshment Break	
10:30 AM	11:10 AM	40	School Lesson 5	
11:10 AM	11:50 AM	40	School Lesson 6	
11:50 AM	12:30 PM	40	English Speaking Lesson (ESL)	
12:30 PM	1:00 PM	30	Lunch	
1:00 PM	1:45 PM	45	Rest Time	
1:45 PM	2:00 PM	15	Zohar Salah (1:45 PM)	
2:00 PM	4:45 PM	165	Qaidah/Nazira Session Activities / Clubs	Hifz Session I
4:45 PM	5:00 PM	15	Refreshment	
5:00 PM	5:15 PM	15	Asr Salah	
5:15 PM	6:15 PM	60	Sports and Games (Unstructured Play)	
6:15 PM	6:45 PM	30	Getting ready for Salah & Maghrib	
6:45 PM	8:15 PM	90	Remedial Classess (Non-Hifz)	Hifz Session II
8:15 PM	8:45 PM	30	Dinner	
8:45 PM	9:20 PM	35	Isha Salah (8:45 PM) + Attendance	
9:20 PM	9:45 PM	25	Milk/Getting ready for sleep	
9:45 PM	10:30 PM	45	Self Study - Hifz Students (Optional)	
9:45 PM	5:00 PM	435	Lights Out / Sleeping Time	
<b>Total</b>		<b>1440</b>		